



## Training for Manual Neurotherapy (MNT)

A proposal for organizers outside Belgium.

### General settings.

#### 1. Authorizing conditions.

The MNT training is open for all therapists who are allowed to apply manual therapeutic techniques on the body, according to the local law settings. Physical therapists, osteopaths, chiropractors and acupuncturists can subscribe for this training, but also masseurs, shiatsu therapists and others are welcome if they can practice the MNT techniques in a setting covered by a legal insurance.

#### 2. Possibilities for organizing MNT-trainings.

MNT-NR International® offers 2 possibilities for organizing the MNT training.

1°: The MNT upgrade training.

In this case participants have to complete first the full Nerve Reflexology training.  
See therefore the NR training scheme on our website.

2°: As a combined training where NR and MNT techniques are instructed simultaneously.

In this case authorized therapist can take part at the training without any preliminary knowledge of classic foot reflexology or nerve reflexology while these techniques are embedded in the training.

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Tel : +32 (0) 475.80.47 .90.

## The MNT upgrade training, following the complete NR training.

### Structure.

The MNT upgrade training is divided in four modules, covering 20 days of 6 hours = 120 hours.

Module 1.

Neuroreflectory Soft tissue Friction Techniques (NSFT) and Spine Tuning (SP)

4 days of 6 hours each = 24 hours.

Module 2

Anatomical and Topographical foot reflexology (ATR).

4 days of 6 hours each = 24 hours.

Module 3.

Visceral mobilization and visceral reflexology (VM-VR).

6 days of 6 hours each = 36 hours.

Module 4.

Clinical reasoning and Neurogenic Assessment

6 days of 6 hours each = 36 hours.

#### Remarks:

1. Module 2: ATR is only mandatory for these therapists who had no previous basic training in classic foot reflexology.
2. Module 3 can only be attended after following module 2 (except for participants with previous basic knowledge of classic foot reflexology).
3. Module 4 is ending with a practical final exam on the last day.
4. Therapists, who want to achieve the diploma of Qualified Manual Neurotherapist have to take part at the final practical exam which is organized the last day of module 4.
5. Therapist, who are not interested in achieving the diploma, can participate at the modules of their own choice.
6. For materials, numbers and fees look below under the heading “ practical organization”.

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## The MNT combined training.

### Structure.

The MNT combined training is divided in a four modules, covering 168 hours.

#### Basic Module.

Neuroreflectory Soft tissue Friction Techniques (NSFT) and Spine Tuning (SP).

Introduction in neuroanatomy and neurophysiology.

3 days of 6 hours each = 18 hours.

#### Module A.

The nerve-muscle organ chain in low back and pelvic pain.

8 days of 6 hours each = 48 hours.

#### Module B.

The nerve-muscle organ chain in chest, neck, shoulder and arm pain .

8 days of 6 hours each = 48 hours.

#### Module C.

The neuromatrix of chronic pain.

Final practical exam.

9 days of 6 hours each = 54 hours.

#### Remarks:

1. Attending the basic module is mandatory for attending the other modules.
2. Attending module C is only possible after attending the basic module and module A and/or B.
3. Participating at the final practical exam is only possible after completing the basic module, module A, module B and module C.
4. The final practical exam is organized the last day of module C.

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## Practical organization.

### Dividing the modules.

- The modules A, B and C must be divided in seminars. Modules A and B can be divided in 2 seminars of 3 days and a last seminar of 2 days. Module C can be divided in 3 seminars of 3 days.
- There must be a reasonable distance of minimal 3 weeks time between the different seminars in order to give the participants the opportunity to practice the achieved techniques.

### Materials.

- For the tutor:
  - o A data projector (beamer) and screen or wall for power point projections.
  - o A flip over or white board.
- For the students:
  - o 1 treatment table (massage table) for 2 participants,
  - o around every table a space of 1 meter is required,
  - o chairs and tables for the theoretical sessions (students can also sit at the treatment tables),
  - o students shall provide:
    - a pillow,
    - a large towel for covering the treatment table,
    - a can of white, non perfumed talc powder,
    - color pencils for drawing the nerve reflex points on the foot skeleton model. These pencils must be: STAEDTLER LUMOCOLOR PERMANENT 1,0 mm. in a six color package.
    - a dermatological pencil.
  - o A Buck reflex hammer and a Wartenberger neurological pinwheel.
  - o Foot skeletons: students can buy a foot skeleton model from MNT-NR International® for drawing the nerve reflex points. The today's price is fixed at 50 Euro. Students are free to buy these models.

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- MNT-NR International® can offer a student package including a foot skeleton model, reflex hammer, pinwheel, dermatological pencil and color pencils . Prices are fixed at the moment of course agreements.

## Aims and contents of the modules.

For each module in the MNT upgrade or MNT combined training a PDF file with aims and contents can be downloaded from our website.

These downloads can be find under the link: useful articles and downloads.

## Readers and hand outs.

A extensive reader is available providing the copies of the power point slides. The layout of these copies foresees enough space for taking notes.

Reader copies must be provided by the organizer, printed in grayscale and 1 page for each slide. The covers for these readers are supplied by MNT-NR International® .

A hand out with all the nerve reflex points in drawings and photographs is also available.

Copies, printed in gray scale, must be provided by the course organizer while the covers are supplied by MNT-NR International® .

## Maximum/minimum numbers of attendees and fees.

The ideal maximum number of participants for one tutor is 20. If the number is over 20, MNT-NR International® can decide to delegate two tutors. However, the maximum must be limited at 30.

Fees are usually calculated at a percentage rate of the charged course fee with a normal course fee of 120 Euro per course day. This calculation is based on 20 participants. If there are less participants it is up to the organizer to decide if the course is still running. The **minimal** fees for MNT-NR International® are always calculated at **18** participants.

For countries in special economical and social needs the terms of these fees can be discussed.

For each seminar MNT-NR International® is sending an invoice by email. Fees can be payed or by bank transfer or cash.

Travel fees and overnight staying fees are for MNT-NR International®. Lunch and coffee/thee breaks for the tutor during the courses are for the course organizer.

The organizer should help the tutor in finding appropriate overnight stays. A room with double bed, en suited bathroom, internet connection and good breakfast is mandatory.

The course organizer must provide the possibility that the tutor is accompanied by a tutor in training of MNT-NR International® . This tutor in training can participate at the courses without any charges.